METRO BAKERY & CAFE

SINCE 2009



BREAKFAST MENU

TOASTED MUESLI		FROM OUR BAKE	HOUSE
House made toasted muesli with youghurt & berry compote	12	TOASTED SOURDOUGH,GRAIN, DARK RYE OR GLUTEN FREE	
		With butter & condiments	7
BUTTERMILK PANCAKES		CROISSANTS	
HALF STACK (2) LARGE (4)		Ham & Cheese	10
Maple syrup & strawberries	8/14		
With preserved mixed berries, sweet Sicilian ricotta, maple glaze & shaved chocolate	12/17	BANANA BREAD	
	12,1,	With butter	8
BRIOCHE FRENCH TOAST		A LITTLE EXTRA	
With cinnamon cream, spiced honey & orange syrup and baklava nuts	16	Hollandaise Sauce	3
		Bacon (2) or chorizo	4
		Eggs (2)	4
AVOCADO ON RYE Avocado on our dark rye toast with tomato, red onion, whipped fetta & pesto	16	Mushrooms, tomatoes or lima beans	3
		Sourdough toast (2)	3
		Potato Rosti	3
		Cream or Ice Cream	2

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EGGS YOUR WAY			
On house made sourdough, with your choice of sides	11	METRO BIG BREAKFAST	
BACON AND EGGS		Free range eggs, bacon, beef sausage, baked lima beans, tomatoes, garlic buttered	23
On house made sourdough, with your choice of sides	1 5	mushrooms, rosti & sour dough toast	
EGGS ATLANTIC		VEGETARIAN OMELETTE	
Poached eggs, smoked salmon, spinach, housemade Hollandaise & crispy capers	18	With mushroom, spiced pumpkin, spinach & cheese with toasted housemade sourdough	17
EGGS BENEDICT		ATLANTIC OMELETTE	
Poached eggs, bacon, toasted panini & Hollandaise	17	With salmon, cream cheese, sauteed red onion & lemon pepper with toasted housemade sourdough	18
BREAKFAST FOCACCIA		SAGANAKI BAKED EGGS	
With bacon, eggs, cheese & tomato chutney	15	Baked eggs, sugo, grilled saganaki cheese & toasted ciabatta	18
BREAKFAST PIADINA			
		VEGAN FUL MEDAMAS	
Smashed beans, chorizo, avocado, egg, cheese, spinach & smoky paprika sour cream in housemade Metro Blanx	15	Chickpea & Fava beans, cumin, spiced cauliflower, spicy lemon garlic sauce topped with fresh tomato, parsley, hummus & pitta	17

bread